

N.I.C.C. 5th GRADE BASKETBALL GUIDELINES

First team listed is the home team unless host school is involved.

Eighteen (18) minute running clock per HALF until the last minute of each HALF. This can be adjusted as needed.

Clock does not stop for free throws until the last minute of each HALF.

Overtime will not be played to break ties.

Three (3) minute half time

Two (2) thirty (30) second time-out per team per HALF. Time-outs do not carry over.

EQUAL playing time for all players for all teams EXCEPT for when 4th graders are used to supplement the team's roster. 4th graders are played at the team's discretion based on their school's policy. Schools with multiple teams may not allow players to play on more than one team unless, and only if, it prevents a game being canceled due to lack of players.

Free throw shooters can move in one (1) foot in front of the free throw line BUT they cannot rebound their own missed shot attempt.

No press the entire game.

No three-point shot.

2023 RULE CHANGE: Players shoot 2 free throws after ten (10) team fouls.
TEAM fouls reset to zero (0) at halftime.

All other rules per the I.H.S.A. rules and guidelines.