

## NICC 6<sup>th</sup>- 8<sup>th</sup> Grade Basketball Rules

### MISC:

- Boys will use a full-size basketball and all girls' teams will use the smaller ball.

### 8th grade specifics:

- 6-minute quarters will be played. Overtime will be 2 minutes.
- Three full and two 30 second time outs per game.
- The 3-point shot will always be used if the court is lined for it.
- Full-court press is allowed in all 4 quarters but a **15-point PRESS point rule in effect**: No full-court press by the team which is leading by 15 or more points.
- At a 20-point lead in the 4th quarter, clock will be running and will not revert back to stopped clock even if the lead is less than 20.
- **2023 RULES CHANGE**: Players shoot 2 free throws after five (5) fouls, TEAM fouls reset to zero (0) after each quarter.

### 7th grade specifics:

- Two 18-minute running clock halves with clock stopping in the **last minute of each half**. Overtime will be 2 minutes; second overtime will be sudden death. Clock will only stop for free throws in last minute of each half.
- Two FULL time outs per half, use them or lose them, 1 time out for the first overtime.
- The 3-point shot will always be used if the court is lined for it.
- Full-court press allowed during the second half only but a **15-point PRESS point rule in effect**: No full-court press by the team that is leading by 15 or more points.
- **2023 RULES CHANGE**: Players shoot 2 free throws after ten (10) fouls.

### 6th grade specifics:

- Two 18-minute running clock halves with clock stopping in the **last minute of each half**. Overtime will be 2 minutes; second overtime will be sudden death. Clock will only stop for free throws in last minute of each half.
- Two 30 second time outs per half, they do not carry over. One time out in the first overtime only.
- NO 3-point shot will be used.
- Full-court press allowed during LAST 9 MINUTES OF THE GAME ONLY (CARRIES OVER INTO OVERTIMES).- **10-point PRESS rule in effect as above**: No full-court press by the team that is leading by 10 or more points.
- **2023 RULES CHANGE**: Players shoot 2 free throws after ten (10) fouls.

### NOTE: TECHNICAL FOULS

- Any player or coach receiving a technical foul due to **unacceptable behavior ONLY**, will be expected to serve a one game suspension immediately effective, their next NICC game. Any player or coach who receives two technical fouls in one season will not be allowed to participate in any further NICC games for the season.

### NICC Playing Up & Playing Time Rules:

- **For 7<sup>th</sup> and 8<sup>th</sup> grade teams, if it is necessary to play up younger players to have a full team or if the teams simply choose to play up younger players, the MAXIMUM number of players they can have is 8. Should they have 8 (or more) grade appropriate players, then they shall not "play up" any younger players. There are NO restrictions on the amount of playing time any one player can have while playing up.**
- All players entered into the official scorebook before a game **MUST** play some portion of any quarter. **Failure to enter a listed player into the game will result in the forfeit of the entire game by the offending team.**
- **NOTE**: the home team provides an official scorekeeper. It is proper procedure for the official scorekeeper to remind ALL coaches what players have not played yet.